

## FDBA Domestic Coaches Drill Book: Passing

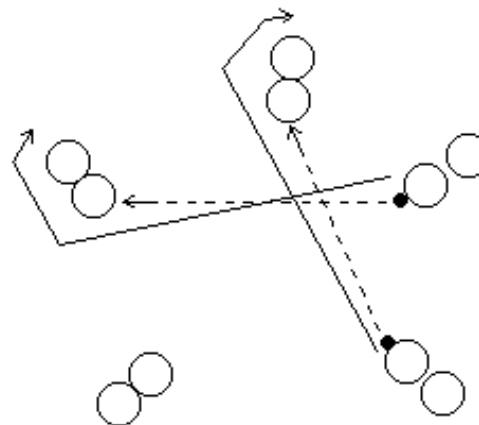
Name: Star Passing

Drill No: B6

### Description:

Players form five lines in a star alignment (see diagram).  
 Players in front of two lines have balls.  
 The players must pass to the player in the front of the line that is next-but-one to them. They must then follow their pass to the end of that line.  
 Instruct players to run to the far side of the line they are joining. This creates more traffic for the next passer.

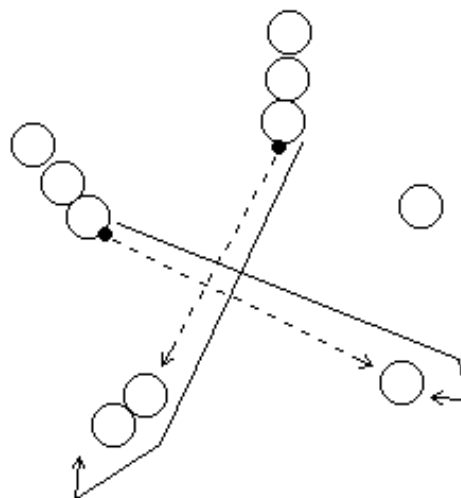
Diagram A.



### Variations:

1. For beginning players start off with just one ball.
2. Specify the type of passes to be made.
3. On coaches shout of "reverse" players must reverse the direction of passes (i.e. anti-clockwise to clockwise).

Diagram B.



### Points of Emphasis:

1. Communicate - call a name.
2. Show ten fingers.
3. Step to the ball to receive the pass.
4. Good passing form.
5. Good crisp passes.